



# PIONEERS IN ORGANIC FAIRTRADE FOOD







AlterNativa3 is a cooperative which manufactures organic Fairtrade proucts since 1992.

Our goal is to offer responsible, sustainable and highquality alternatives to your everyday products, especially coffee, cocoa and cane sugar.

We know that fair trade is an effective tool to eradicate the inequalities and poverty generated by conventional international trade.

Therefore, in addition to manufacturing our products, we carry out different workshops in order to raise awareness and also lead social projects in the Global South countries to support the processing cooperatives in its growth.

### Did you know that many of the products we consume hide several forms of child exploitation?

The producing families from who we get our coffee, cocoa and sugar live in Africa, Asia, Central America and South America.

In most of these countries, Human Rights are not respected, women have no access to landowning and child labor is systematic.

Lots of the products we consume daily aggravate this situation. AlterNativa3 is the solution: we offere thical options to your everyday products.

Thanks to Fair Trade, people from the producing cooperatives improve their family and community life conditions.



#### Who was the the first company that imported a full container of organic coffee in Spain? AlterNativa3, at the beginning of the 90s

It all started with Rosa and Antonio, who were pioneer in importing organic Fairtrade foods in our country.

Their vision had a positive response from consumers and for 30 years, AlterNativa3 has been offering premium quality coffee, cocoa and sugar.

Over 400 delicious and very healthy products. All of them are organic and elaborated with no chemical products nor treatments which are harmful for health and the environment.

Check the labels. You will see that the ingredients list is very short: no additives, all natural.

You take care of your health, the people and the planet with sustainable and Fairtrade options for your everyday products.

AlterNativa3 is a small family cooperative, but thanks to you, we do big things.

### Fair trade and the SDGs: Together for a fairer and more sustainable world

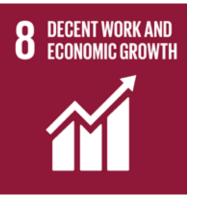
At Alternativa3, we believe that fair trade is a powerful tool to achieve the Sustainable Development Goals (SDGs) and build a fairer world for all. We stand for an economic model that puts people first, ensuring fair prices, decent working conditions, and respect for the environment.

Fair trade directly supports several key SDGs: we fight poverty (SDG 1), promote gender equality (SDG 5), ensure decent work (SDG 8), and reduce inequalities (SDG 10). Moreover, we encourage responsible production and consumption (SDG 12) and take action against climate change (SDG 13) through environmentally friendly practices.

By choosing fair trade products, you support a system that prioritises people, equality, and sustainability. Together, we can transform the way goods are produced and consumed, contributing to a fairer future for everyone.



5 GENDER EQUALITY



10 REDUCED INEQUALITIES











Ground coffee, organic, Fairtrade, natural roasting, 100% Arabica

**EAN:** 8435030576553 **Code.** 006016

The Lion's Mane coffee blend is designed to enhance performance and wellbeing. This adaptogenic mushroom is known for its bioactive compounds and polysaccharides, which support cognitive function. Combined with 100% Arabica, naturally roasted for a smooth flavour and low acrylamide content, it offers an ideal balance of quality and benefits. Ingredients: ground coffee, Lion's Mane powder.



#### **COFFEE WITH ADAPTOGENIC MUSHROOMS**

Enhance your daily coffee with adaptogenic mushrooms for a natural boost. These powerful fungi help balance stress, support immune function, and improve focus, promoting overall well-being. Blended into your favourite brew, they offer a smooth and nourishing way to elevate energy levels without the crash, making every cup a healthier choice.





#### Reishi coffee

ຼົອ<sup>ຢ</sup> 150 g.

Ground coffee, organic, Fairtrade, natural roasting, 100% Arabica

**EAN:** 8435030576546 **Code.** 006013

A blend of 100% Arabica coffee and Reishi, an adaptogenic mushroom known for its antioxidant and immune-supporting properties. This smooth, naturally roasted coffee helps the body adapt to stress. With low acrylamide content and high-quality ingredients, it offers a balanced, health-conscious option for coffee lovers seeking wellness. Ingredients: ground coffee, Reishi powder.





## Shiitake coffee



### Ground coffee, organic, Fairtrade, natural roasting, 100% Arabica

**EAN:** 8435030576560 **Code.** 006015

Organic ground coffee with Shiitake mushrooms, recognised for its ability to boost immunity and enhance resilience. Crafted with 100% Arabica beans, naturally roasted for a smooth flavour and low acrylamide content. This unique blend combines health benefits and great taste, offering a natural way to support the body's defences and promote overall well-being every day.

Ingredients: ground coffee, Shiitake powder.





Your coffee, freshly roasted with medium-low roasting, ensuring very low levels of acrylamides while preserving all its organoleptic characteristics thanks to our selective production process.

It is grown by small cooperatives in southern countries, where Fair Trade helps improve the living conditions of their families and communities.



#### Fortissimo 6 250 g.

Ground coffee, organic, Fairtrade, natural roasting.



Coffee with an exceptional intensity. A powerful blend of Robusta beans from Africa and Arabica beans from Central America with an intense roast which enhances the strength of this delicious coffee.

Aroma:
<b>Bitterness:</b>
Acidity:
Intensity:

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**Espresso** ົອ<sup>ຢ</sup> 250 g.

Ground coffee, organic, Fairtrade, natural roasting. Special mild for espresso coffee makers.

**EAN:** 8435030500015 **Code.** 003201

Intense flavor and full-bodied coffee. It stands out for its powerful palate and its exuberant presence. Coffee selected from the best varieties of Central American Arabica beans and African Robusta beans.

Aroma:	$\bigcirc$	0	0	0	$\bigcirc$	0	0	$\bigcirc$	0	0	0	$\bigcirc$
Bitterness:	$\bigcirc$											
Acidity:	$\bigcirc$											
Intensity:	$\bigcirc$	0	$\bigcirc$									







Ground coffee, organic, Fairtrade, natural roasting.

#### **EAN:** 8435030573798 **Code.** 003902

A very special coffee blend made of Arabica beans from Central America and Robusta coffee from Africa. A full-bodied coffee, with long-lasting taste on the palate and persistent. Ideal for breakfast and after lunch.

Aroma: Bitterness: Acidity: Intensity:

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Ground coffee, organic, Fairtrade, natural roasting.

EAN: 8435030539015 Code. 003901

Intense flavor and full-bodied coffee. It stands out for its powerful palate and its exuberant presence. Coffee selected from the best varieties of Central American Arabica beans and African Robusta beans.

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Fragante [o∯ 250 g.

Ground coffee, organic, Fairtrade, natural roasting, 100% Arabica.

**EAN:** 8435030573941 **Code.** 003903

This smooth Arabica coffee blend with round, balanced flavor will be the best company at work and in quiet moments.

Aroma: Bitterness: Acidity: Intensity:

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Aroma: Bitterness: Acidity: Intensity:

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**ର୍ଚ୍ଚ** 250 g.

Ground coffee, organic, Fairtrade, natural roasting, 100% Arabica.

**EAN:** 8435030572296 **Code.** 003407

The best traits of the coffee beans remain intact in this smooth and fragrant coffee. It has been decaffeinated without using any chemical product, respecting the environment and the people.





#### Chiapas 🕼 250 g.

Ground coffee, organic, Fairtrade, natural roasting, 100% Arabica.

**EAN:** 8435030534003 **Code.** 003400

An excellent coffee with a smooth and well-balanced palate, a rich sensorial profile and fresh forest aroma. An astonishing gourmet coffee.

Aroma:	0	0	0	0	0	0	0	0	0	0	0	0	
Bitterness:	$\bigcirc$												
Acidity:	$\bigcirc$												
Intensity:	0	0	$\bigcirc$	0	$\bigcirc$	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	0	0	-72 S S



Peru 📴 250 g.

Ground coffee, organic, Fairtrade, natural roasting, 100% Arabica.

**EAN:** 8435030574788 **Code.** 003307

A full-bodied and balanced coffee. Low acidity and intense flavor. With a pleasant aroma of cocoa and fresh grass, and a subtle floral touch.

Aroma:	$\bigcirc$	0									
Bitterness:	$\bigcirc$	0									
Acidity:	$\bigcirc$	0									
Intensity:	0	0	0	0	0	0	0	0	0	0	0









Ground coffee, organic, Fairtrade, natural roasting, 100% Arabica.

**EAN:** 8435030571947 Code. 003303

An outstanding, smooth and aromatic coffee with a well-balanced body, rich in nuances and with a high-quality sensorial profile. Ideal for gourmet palates.

Aroma:
Bitterness:
Acidity:
Intensity:

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icaragua (	စြ <sup>့စွ</sup> 250 g.	

Ground coffee, organic, Fairtrade, natural roasting, 100% Arabica.

**EAN:** 8435030571954 Code. 003803

A creamy coffee with a sweet body and cocoa oma. It is smooth on the palate and has a wellalanced acidity with an intense and lasting taste.

Aroma:
Bitterness:
Acidity:
Intensity:

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#### Guatemala 🞯 250 g.

Ground coffee, organic, Fairtrade, natural roasting, 100% Arabica.

**EAN:** 8435030574771 Code. 003308

A coffee rich in aromas of cocoa and caramel, with hints of red fruits. With a pleasant and lasting acidity. With a full body and taste of chocolate, almonds and nuts.

**Bitterness:** Acidity: Intensity:

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	0	0	0	$\bigcirc$	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	0	0	0	12	





#### Sonríe 🕼 125 g.

## Ground coffee, organic, Fairtrade, coffee from Asia, South America and Africa.

#### **EAN:** 8435030574474 **Code.** 006010

Asia, South America and Africa come together in our most cosmopolitan coffee. It is mainly made of Arabica coffee beans, that bring its intense aroma, and African Robusta beans, that develop an intense and ground nature with an exotic and tender spicy touch from the Asian ones.

Gourmet coffee for distinguished blend lovers. Exceptional body, complete flavor and low acidity.



## Te quiero 👩 125 g.

Ground coffee, organic, Fairtrade, with maca, cocoa.

**EAN:** 8435030574467 **Code.** 006011

Ingredients: ground coffee, maca, ginger. Aphrodisiac, energizing and revitalizing properties have been attributed to the cocoa and maca from the Incas civilization. These characteristics provide a distinctive aspect to the coffee. It will give you pleasant feelings for your mind and your body.



#### Bésame mucho 🞯 125 g.

Ground coffee, organic, Fairtrade, with chai.



Ingredients: ground coffee, chai (cinnamon, ginger, cloves, black pepper, cardamom). The intense and exotic flavor of this chai turns this coffee into an ideal one for lovers of surprising flavours that could transport you to distant countries. It perfectly suits with milk cream or vegetable drinks.





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iTe quiero!

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#### Vainilla 💕 125 g.

Ground coffee, organic, Fairtrade, with vanilla.

**EAN:** 8435030572364 **Code.** 006005

Ingredients: ground coffee, vanilla. The subtle and delicate aroma of the vanilla enhances the flavor of this exquisite organic coffee, made with the best beans from farming organizations in southern countries.





Canela 6 125 g.

Ground coffee, organic, Fairtrade, with cinnamon.

**EAN:** 8435030572357 **Code.** 006006

Ingredients: ground coffee, cinnamon. The deep and intense aroma of the cinnamon enhances the flavor of this finest organic coffee, made with the best beans from farmer organizations of southern countries.









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### Raja Gayo, Sumatra 🗁 🕫

**TUV compostable capsules. Ground** coffee, natural roasting, 100% Arabica.

EAN: 8435030575679 **Code.** 005032

Compatible with Nespresso®\* machines. Luxurious entry into the mouth with a velvety body. Aroma of spices, tobacco, and noble woods. Pronounced acidity and long aftertaste.

Aroma:	0	0	0	0	0	0	0	0	0	0	C
Bitterness:	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	0	0	$\bigcirc$	$\bigcirc$	0	$\bigcirc$	C
Acidity:	$\bigcirc$	C									
Intensity:	$\oslash$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	0	0	C



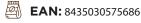


ΤŪΥ



### Santos, Brazil 🗁 x10 59.

TUV compostable capsules. Ground coffee, natural roasting, 100% Arabica.



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Code. 005030

Compatible with Nespresso®\* machines.

Un café de dulzura sobresaliente, acidez media y sabor acaramelado. Con un paso en boca sedoso y amplio, con un acentuado postgusto.

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#### Sidamo, Ethiopia 🗟 x10 59.

**TUV compostable capsules. Ground** coffee, natural roasting, 100% Arabica.

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**EAN:** 8435030575662 Code. 005031

Compatible with Nespresso®\* machines.

A coffee with light acidity and a remarkable and fruity aroma. Intense flavor with floral notes of jasmine and bergamot.

Aroma:	0	$\bigcirc$	$\bigcirc$	0	0	$\bigcirc$	$\bigcirc$	0	$\bigcirc$	0	0	0
Bitterness:	$\oslash$	$\oslash$	$\bigcirc$									
Acidity:	$\oslash$	$\oslash$	$\oslash$	$\bigcirc$								
Intensity:	$\bigcirc$	0	0	0	$\bigcirc$							

Aroma:

Acidity:

Intensity:

**Bitterness:** 





Cauca, Colombia 🗁 🕫

TUV compostable capsules. Ground coffee, natural roasting, 100% Arabica.

EAN: 8435030573477

Code. 005034

Compatible with Nespresso<sup>®\*</sup> machines.

Intensely fragrant, with notes of tropical fruits and red berries. This coffee maintains an outstanding balance between its sumptuousness in the mouth and its aroma.

Aroma: **Bitterness:** Acidity: Intensity:



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INDUSTRIAL S1165

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#### Fortissimo 🗁 x10 59.

TUV compostable capsules. Ground coffee, natural roasting.

**EAN:** 8435030574399

Code. 005015

Compatible with Nespresso®\* machines.

Coffee with an exceptional intensity. A powerful mix of Robusta beans from Tanzania and Arabica beans from Central America with an intense roast which enhances the strength of this delicious coffee.

Aroma:
Bitterness:
Acidity:
Intensity:



Code. 005011



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**TUV compostable capsules. Ground** 

coffee, natural roasting.

**EAN:** 8435030573644

Compatible with Nespresso®\* machines.

Blend of Arabica beans with Robusta. This coffee stands out for its aroma and characteristics of softer coffee, with notes of wood. Medium body ideal for large cups of coffee.

Aroma:	$\bigcirc \bigcirc $	00
Bitterness:	$\bigcirc \bigcirc $	00
Acidity:	$\bigcirc \bigcirc $	00
Intensity:	$\bigcirc \bigcirc $	00

*Nespresso® trademark is not affiliated with Alternativa3, S.Coop.	

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#### Forte Tx10 59.

#### TUV compostable capsules. Ground coffee, natural roasting.



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EAN: 8435030573668 Code. 005010

Compatible with Nespresso®\* machines.

A very special coffee blend of Arabica beans from Central America and Robusta from Africa. Intense character and high intensity. Ideal for the strong flavor lovers.

Aroma:	0	0	0	$\bigcirc$	$\bigcirc$	0	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	(
Bitterness:	$\oslash$	0	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	$\bigcirc$	Ċ
Acidity:	$\oslash$	$\bigcirc$	Ć								
Intensity:	$\bigcirc$	Ć									



#### Fragante 🔽 x10 59.

TUV compostable capsules. Ground coffee, natural roasting, 100% Arabica



**EAN:** 8435030573651 **Code.** 005012

Compatible with Nespresso®\* machines.

A distinguished selection of the best Arabica beans gives this coffee its characteristic aroma and flavor. Balanced body, rich aroma, and round taste soft to the palate.

Aroma:	$\bigcirc$	0	0							
Bitterness:	$\bigcirc$	0								
Acidity:	$\bigcirc$	0								
Intensity:	0	0	0	0	$\bigcirc$	0	0	0	$\bigcirc$	0





#### Essenziale 😇 x10 59.

TUV compostable capsules. Ground coffee, natural roasting.

**EAN:** 8435030574405 **Code.** 005016

Compatible with Nespresso®\* machines.

This coffee is rich in flavor and intense in taste, from the best selection of Arabica beans and Africa Robusta beans.



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COLÓGICO



Descafeinado 🗁 x10 5gr.

TUV compostable capsules. Ground coffee, natural roasting, 100% Arabica.

**EAN:** 8435030573484 **Code.** 005013

Compatible with Nespresso®\* machines.

The best traits of the coffee beans remain intact in this soft and fragrant coffee. It has been decaffeinated respecting the environment and the people.

Aroma: Bitterness: Acidity: Intensity:



\*Nespresso® trademark is not affiliated with Alternativa3, S.Coop.





#### Honduras Coaquil 6 250 9.

Specialty coffee made from 100% Arabica beans, medium-light roasted

**EAN:** 8435030576515

515 **Code.** 001201

Variety: Catimor Altitude: 1,800 m Roast: medium-light Process: washed SCA Score: 85

Notes of hazelnut and spices. Natural and smooth roasted whole bean coffee, guaranteeing very low levels of acrylamides.

The Agricultural Cooperative Quiraguira Limited – **COAQUIL** is an organization of small high-quality coffee producers founded in 1991 and located in the Cordilleras de Montecillos and Opalaca region, in the community of Otatala, Masaguara, Intibucá (Honduras). COAQUIL is the only coffee cooperative in the Masaguara area, providing an opportunity for the economic and social development of coffee producers and their communities.





www.alternativa3.com

₽Ø 250 g.



### Nicaragua UCA

ຼົງ<sup>ຢ</sup>ີ 250 g.

Specialty coffee made from 100% Arabica beans, medium-light roasted

**EAN:** 8435030576492 **Code.** 001202

Variety: Catuai, Caturra, Catimor Altitude: 1,250 m Roast: medium-light Process: washed SCA Score: 82

Notes of chocolate and vanilla, with citrus acidity.

**Uca San Juan del Rio Coco, R.L.** is a union of 8 cooperatives, bringing together 370 small coffee producers, including 80 women and 290 men.

Its mission is to promote the economic and social development of its member cooperatives and their producers by supporting the cultivation and sale of coffee that is both economically sustainable and environmentally responsible.





## Peru Laguna de los Cóndores

Specialty coffee made from 100% Arabica beans, medium-light roasted

**EAN:** 8435030576508 **Code.** 001200

Variety: Typica, Caturra, Bourbon Altitude: 1,500 m Roast: medium-light Process: washed SCA Score: 82

Notes of chocolate, cinnamon, and green peanut.

**The Agrarian Coffee Cooperative Laguna de Los Cóndores** is a social organisation based in the Luya Province, in the Amazonas region of northern Peru. Established on 3rd January 2017 by 12 coffee producers from the Providencia district (Luya), the cooperative has since grown to include 800 coffee-producing families. Among these, 243 are women and 557 are men, all actively involved in the cooperative's mission.







#### Raja Gayo, Sumatra 🞯 500 9.

Coffee beans, natural roasting. 100% Arabica.

**EAN:** 8435030575792 **Code.** 001132

Luxurious entry into the mouth with a velvety body. Aroma of spices, tobacco, and noble woods. Pronounced acidity and long aftertaste. 100% recyclable packaging.

Aroma:
Bitterness:
Acidity:
Intensity:

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Aroma: Bitterness: Acidity: Intensity: Sidamo, Ethiopia 🞯 500 g.

Coffee beans, natural roasting. 100% Arabica.

**EAN:** 8435030575785 **Code**. 001131

A coffee with light acidity and a remarkable and fruity aroma. Intense flavor with floral notes of jasmine and bergamot. 100% recyclable packaging.







#### Santos, Brazil 6 500 g.

Coffee beans, natural roasting. 100% Arabica.

**EAN:** 8435030575778 **Code.** 001130

A coffee with an outstanding sweetness, medium acidity and caramel flavour. With a silky and broad entry into mouth and an accentuated aftertaste. 100% recyclable packaging.

Aroma: Bitterness: Acidity: Intensity:

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#### Cauca, Colombia 6 500 9.

Coffee beans, natural roasting. 100% Arabica.

**EAN:** 8435030575808 **Code.** 001134

Intensely fragrant, with notes of tropical fruits and red berries. This coffee maintains an outstanding balance between its sumptuousness in the mouth and its aroma.

100% recyclable packaging.

Aroma: Bitterness: Acidity: Intensity:





#### Forte

Coffee beans, natural roasting.

EAN: 8435030574061 Ø **EAN:** 8435030575761

Code. 001052

₩ 500 g. Code. 001032 4 Kg.

A very special coffee blend of Arabica beans from Central America and Robusta from Africa. Intense character and high intensity. Ideal for the strong flavor lovers.

Aroma: **Bitterness:** Acidity: Intensity:





### **Essenziale**

Coffee beans, natural roasting.

	EAN: 8435030574054	<b>Code.</b> 001031	୍ରିଟି 500 g.
0	EAN: 8435030575648	<b>Code.</b> 001051	<b>₽</b> <sup>\$</sup> 4 Kg.

This coffee is rich in flavor and intense in taste, from the best selection of Arabica beans and Africa Robusta beans.

Aroma:	$\bigcirc \bigcirc $	
Bitterness:	0000000000000	
Acidity:	$\bigcirc \bigcirc $	
Intensity:	$\bigcirc \bigcirc $	-723 - 😫



### Fragante

Coffee beans, natural roasting. 100% Arabica.



Code. 001030 EAN: 8435030574047

崎 500 g. Code. 001050 4 Ka.

A distinguished selection of the best Arabica beans gives this coffee its characteristic aroma and flavor. Balanced body, rich aroma, and round taste soft to the palate.



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### Decaf

Coffee beans, natural roasting. 100% Arabica.

- EAN: 8435030574078 Ø
  - EAN: 8435030575655
- Code. 001033 ଲିର୍ଡ 500 g. Code. 001053 4 Kg.

The best traits of the coffee beans remain intact in this soft and fragrant coffee. It has been decaffeinated respecting the environment and the people.

Aroma:	$\bigcirc \bigcirc $	
Bitterness:	$\bigcirc \bigcirc $	
Acidity:	$\bigcirc \bigcirc $	
Intensity:	$\bigcirc \bigcirc $	122 - 🕵









Coffee beans, natural roasting.

#### Ø **EAN:** 8435030572944 Code. 001009

Intense flavor and full-bodied coffee. It stands out for its powerful palate and its exuberant presence. Coffee selected from the best varieties of Central American Arabica beans and African Robusta beans

Aroma: **Bitterness:** Acidity: Intensity:

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9



### Bioarabica 🚱 1 Kg

Coffee beans, natural roasting. 100% Arabica



Code. 001011

Code, 001013

An outstanding, smooth and aromatic coffee with a

well-balanced body, rich in nuances and with a high-

This smooth Arabica coffee blend with round, balanced flavor will be the best company at work and in quiet moments.

Aroma:
Bitterness:
Acidity:
Intensity:

$\bigcirc$												
$\bigcirc$												
0	0	0	$\bigcirc$									

Colombia 🕼 1 Kg

Coffee beans, natural roasting.

EAN: 8435030574092

100% Arabica.

Ø



Decaf



Coffee beans, natural roasting. 100% Arabica.

EAN: 8435030572968

Code. 001012

The best traits of the coffee beans remain intact in this smooth and fragrant coffee. It has been decaffeinated without using any chemical product, respecting the environment and the people.

Aroma:	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Bitterness:	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Acidity:	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Intensity:	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

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)	$\bigcirc$								
)	0	0	$\bigcirc$	$\bigcirc$	0	$\bigcirc$	$\bigcirc$		12



Aroma: **Bitterness:** Acidity: Intensity:



quality sensorial profile. Ideal for gourmet palates.



#### 

Ground coffee, natural roasting. FAP capsules.



Ø

#### EAN: 8435030573989 Code. 008041

From the most environmentally friendly crops, in which no pesticides, herbicides or chemical fertilizers are used. A 100% natural coffee with a high aromatic richness with an unmistakable acidity and a light body. Each capsule contains 7g of ground coffee, a 30% more than other systems. This quantity will help you get the highest-quality espresso.

Aroma:
Bitterness:
Acidity:
Intensity:







#### Arabica 😇 x75 79.

Ground coffee, natural roasting. 100% Arabica, FAP capsules,



**EAN:** 8435030573996 Code. 008042

Distinguished selection of the best Arabica beans that remark the aroma and flavor of this coffee. Coffee with balanced body, rich aroma, round flavor and soft to the palate. Each capsule contains 7g of ground coffee, a 30% more than other systems. This quantity will help you get the highest-quality espresso.

Aroma:	0	$\bigcirc$											
Bitterness:			$\bigcirc$									$\bigcirc$	
Acidity:	$\bigcirc$	V											
Intensity:	$\oslash$	$\bigcirc$	12										



Ground coffee, natural roasting. 100% Arabica. FAP capsules.

**EAN:** 8435030574009 Code. 008043

The best traits of the coffee beans remain intact in this soft and fragrant coffee. It has been decaffeinated respecting the environment and the people. Each capsule contains 7g of ground coffee, a 30% more than other systems. This quantity will help you get the highest-quality espresso.

Aroma:	
Bitterness:	
Acidity:	
Intensity:	



9



### Intenso

Ground coffee, natural roasting. ESE monodose.

**EAN:** 8435030573040

EAN: 8435030573255

5 **Code.** 008031

Code. 008030

Selected coffee with the most appreciated varieties of Arabica beans from Central America and Robusta from Africa. Full bodied and lasting in the palate, softened by the Arabica hints.

Aroma:	$\bigcirc$	Ć							
Bitterness:	$\bigcirc$	$\bigcirc$	$\oslash$	$\oslash$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	Ć
Acidity:	$\bigcirc$	Ć							
Intensity:	0	0	0	0	0	0	0	0	C

122 - 💽	

Aroma: Bitterness: Acidity: Intensity:

AI	aIJ		
Grou	und co	offee,	natural

**A** wabies

Ø

Ground coffee, natural roasting. ESE monodose, 100% Arabica.

EAN: 8435030573033 Code. 008033

**EAN:** 8435030573279 **Code.** 008034

 x25 7g.

 x75 7g.

Distinguished selection of the best Arabica beans gives this coffee its characteristic aroma and flavor. Balanced body, rich aroma and round taste soft to the palate.

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$\oslash$	$\bigcirc$	Ć								
$\bigcirc$	Ć									
$\oslash$	$\bigcirc$	$\bigcirc$	$\oslash$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	Ć



## Decaf



Ground coffee, natural roasting. ESE monodose, 100% Arabica.

**EAN:** 8435030573026

**EAN:** 8435030573293

**Code.** 008036

Code. 008037

🗇 x75 7gr.

🕁 x25 7g.

The best traits of the coffee beans remain intact in this soft and fragrant coffee. It has been decaffeinated respecting the environment and the people.

Aroma: Bitterness: Acidity: Intensity:

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000	000	DO	00	00	) 0 (
0 0 0	$\bigcirc \bigcirc \bigcirc$	00	00	00	





### Instant coffee 🕼 100 g.

Freeze-dried instant coffee. 100% Arabica.

**EAN:** 8435030571343 **Code.** 008008

Our freeze-dried coffee has been subjected to the most modern solubilization processes, so that the final product preserves all its outstanding aroma, flavor and color properties. Ideal to enjoy an excellent coffee cup in an instant.<sup>o</sup>





Freeze-dried instant coffee.



---- 500g

Ø

 EAN: 8435030571527
 Code. 008016

 EAN: 8435030573125
 Code. 008015

x25 2g.x375 2g.

Our freeze-dried coffee has been subjected to the most modern solubilization processes, so that the final product preserves all its outstanding aroma, flavor and color properties. Ideal to enjoy an excellent coffee cup in an instant. In practical individual sachets.



## Instant coffee 🕼 500 g.

Freeze-dried instant coffee.

#### **EAN:** 8435030573415 **Code.** 008007

Our freeze-dried coffee has been subjected to the most modern solubilization processes, so that the final product preserves all its outstanding aroma, flavor and color properties. Ideal to enjoy an excellent coffee cup in an instant.







8

--- 500g



Decaf freeze-dried instant coffee. 100% Arabica.

#### **EAN:** 8435030572074 **Code**. 008029

Our freeze-dried coffee has been subjected to the most modern solubilization processes, so that the final product preserves all its outstanding aroma, flavor and color properties. The best qualities of great coffees remain intact in this natural coffee, smooth and with a pleasant fragrance. Decaffeinated without using harsh chemicals for health and the environment.

#### 🛞 🚯 🌒 🖗 💋 📈

#### **Decaf 500** g.

Decaf freeze-dried instant coffee. 100% Arabica.

**EAN:** 8435030572746 **Code.** 008012

Our freeze-dried coffee has been subjected to the most modern solubilization processes, so that the final product preserves all its outstanding aroma, flavor and color properties. The best qualities of great coffees remain intact in this natural coffee, smooth and with a pleasant fragrance. Decaffeinated without using harsh chemicals for health and the environment.



#### Decaf

Decaf freeze-dried instant coffee. 100% Arabica.



EAN: 8435030573378 Code. 008006 EAN: 8435030572166 Code. 008005 () x25 2g.

Our freeze-dried coffee has been subjected to the most modern solubilization processes, so that the final product preserves all its outstanding aroma, flavor and color properties. The best qualities of great coffees remain intact in this natural coffee, smooth and with a pleasant fragrance. Decaffeinated without using harsh chemicals for health and the environment.







### **Defatted pure cocoa**

Organic Fairtrade defatted cocoa. 10-12% No flavoring nor thickners added.

**EAN:** 8435030575051



**EAN:** 8435030575372

**Code.** 047707

**Code.** 047706

Ingredients: cocoa powder.

Defatted cocoa, ideal for low-fat diets.

Suitable for vegetarian and vegan diet. Colorant and preservative free. Lactose free and gluten free.





#### Premium pure cocoa

Organic Fairtrade Premium cocoa. 20-22% No flavoring nor thickners added.

EAN: 8435030599996 Code. 047702

ලින් 150 g. ලින් 350 g.

Made

#### Ingredients: cocoa powder.

Premium cocoa, ideal for your recipes and to enjoy a sugar free instant drink. Suitable for vegetarian and vegan diet. Colorant and preservative free. Lactose free and gluten free. It preserves all the natural nutrients and vitamins of cocoa.





#### 

**Organic Fairtrade Premium cocoa. 20-22%** No flavoring nor thickners added.

**EAN:** 8435030572685 Code. 047703

#### Ingredients: cocoa powder.

Premium cocoa, ideal for your recipes and to enjoy a sugar free instant drink. Suitable for vegetarian and vegan diet. Colorant and preservative free. Lactose free and gluten free.

#### 🛞 🚯 🌒 🧳 📈 🛐



#### Pure cocoa 🕼 125 g. maca and ginger

Organic pure cocoa with maca and ginger. Gluten free, lactose free, vegan.

#### EAN: 8435030575037 **Code.** 042602

Ingredients: defatted cocoa, maca, ginger. Balance: revitalizing and energizing, this cocoa provides you with a warm energy that balances your organism. Traditionally, maca and cocoa are attributed with aphrodisiac properties.





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cacao

ALTER

#### Pure cocoa with orange and cinnamon 62 125 g.

Organic pure cocoa with orange and cinnamon. Gluten free, lactose free, vegan.



Code. 042604

Ingredients: defatted cocoa, orange powder, peel cinnamon, black pepper powder, orange aroma. Harmony: the contrast of the sweet cinnamon with the fresh acidity of the orange gives this cocoa a surprising and intense flavor and a deep aroma. Stimulating and restorative, this cocoa is a pleasure for the palate thanks to the harmony of its ingredients.



#### Pure cocoa with chai

Organic pure cocoa with chai. Gluten free, lactose free, vegan.



**EAN:** 8435030575020 Code. 042603

Ingredients: defatted cocoa, chai (cinnamon, ginger, clove, black pepper, cardamom). Well-being: Chai is a very aromatic mixture of spices, which stimulates the five senses and offers a great feeling of well-being. Comforting and relaxing, this cocoa with chai matches perfectly with milk or vegetable drinks.







#### Instant cocoa 65% 6 250 g.

#### Instant cocoa with less sugar

#### **EAN:** 8435030576263 **Code.** 042317

Crafted with 65% premium cocoa for a unique and healthier experience. Mix 2-3 spoonfuls with a splash of milk or plantbased drink, hot or cold. Stir well, then add the rest of your beverage. Organic and fair-trade ingredients for a delicious, mindful treat.

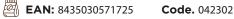
**Ingredients:** Pure cocoa powder, Cane sugar. 100% Organic and Fairtrade





#### Instant cocoa 35% 🕼 250 g.

Instant cocoa with 35% cocoa and cane sugar



Organic and fair Trade instant cocoa, free from additives, gluten, and lactose. Ideal for making a premium chocolate beverage. Dissolves effortlessly in milk or plant-based drinks, whether hot or cold.

**Ingredients:** Cane sugar, pure cocoa powder. 100% Organic and Fairtrade





#### Instant cocoa 🕼 400 g.

Instant cocoa with 35% cocoa and cane sugar

**EAN:** 8435030575013 **Code.** 042314

Organic and fair Trade instant cocoa, free from additives, gluten, and lactose. Ideal for making a premium chocolate beverage. Dissolves effortlessly in milk or plant-based drinks, whether hot or cold.

**Ingredients:** Cane sugar, pure cocoa powder. 100% Organic and Fairtrade





### Instant cocoa 35% 🞯 500 g.

Instant cocoa with 35% cocoa and cane sugar

**EAN:** 8435030573811 Code. 042303

Organic and fair Trade instant cocoa, free from additives, gluten, and lactose. Ideal for making а premium chocolate beverage. Dissolves effortlessly in milk or plant-based drinks, whether hot or cold.

Ingredients: Cane sugar, pure cocoa powder. 100% Organic and Fairtrade





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#### Instant cocoa 35%

Instant cocoa with 35% cocoa and cane sugar

ົ໑ຢ໌ 1,5 Kg Code. 042309 EAN: 8435030572692 Ø EAN: 8435030575365 Code. 042315

5 Kg

Organic and fair Trade instant cocoa, free from additives, gluten, and lactose. Ideal for making a premium chocolate beverage. Dissolves effortlessly in milk or plant-based drinks, whether hot or cold.

Ingredients: Cane sugar, pure cocoa powder. 100% Organic and Fairtrade





## Instant cocoa 35% individual sachets

Instant cocoa with 35% cocoa and cane sugar

EAN: 8435030574726	<b>Code.</b> 042312	<b>(</b> x20 15g.
EAN: 8435030575464	<b>Code.</b> 042316	🖗 x150 15g.

Single-serve sachets offer convenience and freshness, providing the perfect portion of instant cocoa anytime

Organic and fair Trade instant cocoa, free from additives, gluten, and lactose. Ideal for making a premium chocolate beverage. Dissolves effortlessly in milk or plant-based drinks, whether hot or cold.

Ingredients: Cane sugar, pure cocoa powder. 100% Organic and Fairtrade







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COLÓGIC

NATIVA



Instant cocoa with panela.

**EAN:** 8435030573859 Code. 042304

Ingredients: Panela cane sugar, pure cocoa powder. Panela is the juice extracted directly from the sugar cane. It contains 50 times more minerals than white sugar.





Instant cocoa with coconut sugar.

**EAN:** 8435030574023 Code. 042501

Ingredients: coconut sugar, pure cocoa powder. The coconut sugar is extracted from the sap of the coconut tree flower by evaporation. With a low glycaemic index, it prevents sugar levels in blood from going up and down drastically after consuming it.









#### Spanish 🚱 350 g. hot chocolate

**Organic Fairtrade Spanish hot chocolate** 

**EAN:** 8435030572135 **Code.** 042401

**Ingredients**: cane sugar, cocoa powder, corn starch, carob flour. Ideal to prepare a delicious cup of hot chocolate in a quick and easy way.

#### 🚯 🚯 🚱 📈 😒



#### Spanish 🞯 1K9 hot chocolate

Organic Fairtrade Spanish hot chocolate

**EAN:** 8435030572159 **Code.** 042402

**Ingredients**: cane sugar, cocoa powder, corn starch, carob flour. Ideal to prepare a delicious cup of hot chocolate in a



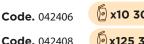
quick and easy way.



# Spanish hot chocolate individual sachets

**Organic Fairtrade Spanish hot chocolate** 

EAN: 8435030574733



Single-serve sachets offer convenience and freshness, providing the perfect portion of Spanish hot chocolate anytime.

**Ingredients:** cane sugar, cocoa powder, corn starch, carob flour. Ideal to prepare a delicious cup of hot chocolate in a quick and easy way.





Spanish hot chocolate with cinnamon 66 125 9.

Spanish hot chocolate with cinnamon



**EAN:** 8435030574023 **Code.** 042405

**Ingredients:** cane sugar, cocoa powder, corn starch, carob flour, cinnamon. Ideal to prepare a delicious cup of hot chocolate in a quick and easy way.





#### **Chocolate coating**

#### 70% cocoa, from Peru.

EAN: 8435030576331	<b>Code.</b> 047720
EAN: 8435030573521	<b>Code.</b> 047710
EAN: 8435030574016	<b>Code.</b> 047711

**Ingredients:** cane sugar, cocoa mass, cocoa butter, cocea powder. Gluten free. Easy to melt and homogeneous, it is ideal for baking and cooking. It may contain dairy, soy and nuts.

#### 🛞 🔮 📈 S



#### Vegan coating

40% cocoa white chocolate

EA	<b>AN:</b> 8435030576348	<b>Code.</b> 047722	<b>∫</b> <sup>g</sup> 225 g
🖉 Е/	<b>AN:</b> 8435030576188	<b>Code.</b> 047717	[∫,ể 1 Kg
E	<b>AN:</b> 8435030576195	<b>Code.</b> 047715	[∫∯ 10 Kg

Ingredients: Cocoa butter, cane sugar, rice drink powder. May contain traces of milk and nuts. GLUTEN FREE. VEGAN It melts fast and evenly, making it suitable for baking and cooking.





De 225 g

ົກ 🕯 1 Kg

6 10 Kg

### **Chocolate minidrops**

Min. 48% cocoa.

	E A	EA
Contraction of the	e	EA

<b>AN:</b> 8435030574429	<b>Code.</b> 047712
<b>AN:</b> 8435030575471	<b>Code.</b> 047713

D.	22	25 g	
6	1	Kg	

**Ingredients:** cane sugar, cocoa mass, cocoa butter, vanilla. Gluten free.

Ideal for baking, both for making cookies, cakes, brownies... and as topping for fruit desserts, yogurts, icecream... It may contain dairy and nuts.





### White coating

40% cocoa white chocolate

	EAN: 8435030576355	<b>Code.</b> 047721	<b>∫</b> ∮ 225 g
Ø	EAN: 8435030575884	<b>Code.</b> 047715	[) <sup>g</sup> 1 Kg
	EAN: 8435030575891	<b>Code.</b> 047716	[)∯ 10 Kg

**Ingredients:** Cocoa butter, cane sugar, whole milk powder. Gluten free.

Easy to melt and homogeneous, it is ideal for baking and cooking. It may contain dairy, soy and nuts.





### Chocolate milkshake 0 230 ml

Organic Fairtrade chocolate milkshake, ready to drink, gluten free.

**EAN:** 8435030574719 **Code.** 091502

**Ingredients:** whole milk, skimmed milk, cane sugar, defatted cocoa, stabilizer: carrageenan.





#### Café latte 0 230 ml

Organic Fairtrade café latte, ready to drink, gluten free.

**EAN:** 8435030574702 **Code.** 091501

**Ingredients:** skimmed milk, whole milk, water, cane sugar, soluble coffee, stabilizer: sodium-carbonates.



#### • Gluten free.

- Recommended to drink it cold, but it does not need refrigerated shipping or storage
- **Ready-2-drink** café latte and chocolate drink: shake, open and enjoy!
- Made with organic Fairtrade high quality cocoa and coffee
- You can have it anywhere anytime.
- High-quality **natural**, organic and UHT-treated milk.
- Made with organic Fairtrade cane sugar (less than 6% sugar content).
- Slim trendy **recycled** and recycable carton can, environment-friendly, FSC certified.
- Easy-open lid.



#### **Coconut** sugar

#### Organic Fairtrade coconut sugar.

EAN: 8435030573965	<b>Code.</b> 027000	<b>∫</b> ∮ 250 g.
<b>EAN:</b> 8435030575198	<b>Code.</b> 027002	∬ể 5 Kg

Sweet flavor with a caramel touch. It contains iron, zinc, potassium, antioxidants and dietary fibers. Coconut sugar is extracted from the sap of the coconut palm flower, just by evaporation. It has a low glycemic index (35), which prevents blood sugar levels from skyrocketing and dropping sharply when consumed.

### 🚯 🌒 🖗 💋



#### Panela

Organic Fairtrade cane sugar.

EAN: 8435030572371	<b>Code.</b> 023304	<b>∫</b> ∮ 400 g.
<b>EAN:</b> 8435030533020	<b>Code.</b> 023302	[ົູຢ <sup>6</sup> 1 Kg.
EAN: 8435030573545	<b>Code.</b> 023305	[͡ø 5 Kg.

Panela is the juice that is extracted from the sugar cane and it is crystalized just by evaporation, so it does preserve all its natural nutrients and vitamines. It has a soft, light honey flavor.





#### Mascobado

Organic Fairtrade cane sugar.

EAI	N: 8435030563003	<b>Code.</b> 026300	<b>∫</b> ∮ 500 g.
EAI	<b>N:</b> 8435030563010	<b>Code.</b> 026301	[) <sup>g</sup> 1 Kg.
EAI	N: 8016225261715	<b>Code.</b> 026302	[∫ể 5 Kg.

Mascobado is a non-refined sugar, extracted directly from the sugar cane and it is crystalized just by evaporation. It has an intense flavor with a liquorice touch.



#### Panela sachets

Organic Fairtrade cane sugar in individual sachets

EAN: 8435030574382 Code. 023301 EAN: 8435030575617 Code. 023308



Enjoy the ease of a single-serve cane sugar sachet – ideal for on-the-go sweetness

Panela is the juice that is extracted from the sugar cane and it is crystalized just by evaporation, so it does preserve all its natural nutrients and vitamines. It has a soft, light honey flavor.







#### Demerara

#### Organic Fairtrade cane sugar.

EAN: 8435030575860	<b>Code.</b> 025202	🚺 500g.
<b>EAN:</b> 8435030575877	<b>Code.</b> 025201	🚺 1 Kg.
EAN: 8435030575914	<b>Code.</b> 025203	🗍 5 Kg.

Demerara sugar is a raw sugar extracted from the sugar cane. It is barely processed, which is the reason why it has golden brown color and also large cubes which give it a crunchy texture. This sugar has been grown by Fairtrade cooperatives in Colombia.





#### **Demerara sachets**

#### Organic Fairtrade cane sugar.

**EAN:** 8435030576041 **Code.** 020220

() 800 ud.

Enjoy the ease of a single-serve cane sugar sachet – ideal for on-the-go sweetness

Demerara sugar is a raw sugar extracted from the sugar cane. It is barely processed, which is the reason why it has golden brown color and also large cubes which give it a crunchy texture. This sugar has been grown by Fairtrade cooperatives in Colombia.





### **Golden light**

Organic Fairtrade Special Light cane sugar.

EAN: 8435030572388	<b>Code.</b> 024703	<b>[∫</b> ể 500 g.
🛱 EAN: 8435030571985	<b>Code.</b> 024702	[∫. <sup>g</sup> 1 Kg.
EAN: 8435030573385	<b>Code.</b> 024704	[)∯ 5 Kg.

This sugar has been elaborated without any chemical treatment which is harmful for people or the environment. It is produced by the Fairtrade cooperative Manduvira in Paraguay. It has a loose texture and a soft flavor, ideal to sweeten without modifying the flavor nor the color of the food.







#### **Icing sugar**

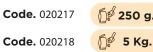
Organic Fairtrade icing sugar.



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EAN: 8435030574559

**EAN:** 8435030574412



Ingredients: cane sugar, cornstarch.

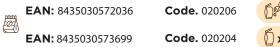
Cane sugar with no chemical treatments harmful to people or nature. Fine grinding, especially made to decorate desserts and cakes in a more natural and healthy way.





#### **Special light sachets**

Organic Fairtrade Special Light cane sugar.



ົກ 300 g. 🕅 x800 5g. This sugar has been elaborated without any chemical treatment which is harmful for people or the environment. It is produced by the Fairtrade cooperative Manduvira in Paraguay. It has a loose texture and a soft flavor, ideal to sweeten without modifying the flavor nor the color of the food.







## 200 lollipops

Cherry flavor lollipops. Gluten free, made with cane sugar.

	EAN: 8435030572678	<b>Code.</b> 031023	x200 6g. bag	
80	EAN: 8435030572661	<b>Code.</b> 031022	x200 6 g. Jar	

**Ingredients:** cane sugar, glucose syrup, acidulant: citric acid, natural aroma and concentrate of black currant, apple and carrot. Cherry flavor. Made only with natural colorants and natural flavors, gluten-free. Made with organic Fair Trade cane sugar.

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#### **200 Chupis**

Ball lollipop: mandarine, lemon, cola and cherry flavor.

EAN: 8435030573620	<b>Code.</b> 031026	x200 6 g. bag
<b>EAN:</b> 8435030573583	<b>Code.</b> 031025	x200 6g. jar

**Ingredients:** cane sugar, glucose syrup, acidulant: citric acid, natural aroma and concentrate of black currant, apple and carrot. Cherry, lemon, mandarine and cola flavor. Made only with natural colorants and natural flavors, gluten-free. Made with organic Fair Trade cane sugar.





#### 8 Chupis bag

Ball lollipop: mandarine, lemon, cola and strawberry flavor.

#### EAN: 8435030573453 Code. 031024 x8 6g.

**Ingredients:** cane sugar, glucose syrup, acidulant: citric acid, natural aroma and concentrate of black currant, apple and carrot. Strawberry, lemon, mandarine and cola flavor. Made only with natural colorants and natural flavors, gluten-free. Made with organic Fair Trade cane sugar.







### Rooibos

Organic rooibos.

**EAN:** 8435030572173

**Code.** 011102 **()** x20 1,5g.

#### Ingredients: Rooibos.

Tasty and aromatic, the rooibos does not contain theine, it is low in calories and has a lot of therapeutic properties: antioxidant, antiallergic... it is also rich in minerals. It has a characteristic mahogany color an its intense aroma and delicious flavor. It can be served both cold and hot.

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# Rooibos with orange and cinnamon

Organic rooibos with orange and cinnamon.

EAN: 8435030572197 Code. 011103

**Ingredients:** rooibos, cinnamon stick, orange peel, ginger, orange essential oil.

Both the cinnamon and orange peel provide this rooibos with a light bittersweet aroma and flavor, which gives an exotic, original touch.





### **Rooibos with vanilla**

Organic rooibos with vanilla.

**EAN:** 8435030572180

**Code.** 011107 **() x20 1,5g.** 

**Ingredients:** rooibos, vanilla. The vanilla enhances this rooibos with its intense aroma, delicious flavors and healthy properties.







#### **Green tea**

Organic green tea.

**EAN:** 8435030570346

**Code.** 015001 **() x20 1,5g.** 

#### Ingredients: Green tea.

Exquisite for its fruity flavor and unique aroma. Green tea is an excellent antioxidant, it improves the performance of your body and benefits blood circulation.





### **Earl Grey tea**

Organic Earl Grey black tea.

**EAN:** 8435030573880 **Code.** 015004

🗍 x20 1,5g.

**Ingredients:** black tea, bergamot essential oil. Earl Grey is an aromatic, citric and intense tea which is ideal for breakfast. Bergamot provides digestive, antidepressant and antiseptic properties.







#### Phone: +34 937869379 www.alternativa3.com hola@alternativa3.com

Alternativa3, SCCL, Castellar, 526 08227 Terrassa, Barcelona.

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